

Our Motto

We give hope where there is despair.

We help to set goals when there are no plans.

We calm the spirit where there is abuse.

We listen when nobody hears.

We give confidence where there is no self-esteem.

We help you to help yourself.



NEEPINISE FAMILY
HEALING CENTRE
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NEEPINISE FAMILY HEALING CENTRE

*Providing a safe and secure
environment for women and children
who are seeking a positive change in
their lives.*



Safe, Caring & Confidential

We welcome women and their children who are experiencing abuse.

We ensure a safe and caring atmosphere in a confidential manner.

We assist through advocacy and referrals to other community resources.

We offer child-care during the delivery of in-house programs.



Programming

In-house programs are held weekly to:

- ◆ Promote independence and effective decision making; enhance self-confidence by teaching the importance of self-care.
- ◆ Allows the mothers to access information in regards to family violence by teaching the cycle of abuse, resilience and effective decision making:

Sessions that are offered include:

- ◆ Self-Care/Self-Esteem
- ◆ Women's Sharing Circle
- ◆ Mending Our Broken Hearts
- ◆ Anger Management, Rational Living
- ◆ Fem Power, Girl Power, 2B-Boys
- ◆ Sons/Daughters of Tradition
- ◆ Continuous educational awareness on: Legal Matters, Parenting, Addictions, FASD, etc.
- ◆ Off site programs include: Men's Group and Elder Luncheon

Our Objective

To provide...

- ◆ A safe and secure accommodation to woman and children fleeing abuse.
- ◆ Food and basic needs.
- ◆ Emotional support, crisis counselling, referrals and information.
- ◆ Medical attention and emergency transportation.
- ◆ Care, support and coping strategies for children experiencing violence in their lives.
- ◆ Follow-up support.
- ◆ Confidential, 24-hour, 7 days a week service to in-house residents, and a crisis line service to non-residents.

We are a 24-hour seven-days a week facility. The property is fenced in and equipped with 24-hour security cameras and alarms linked to RCMP.